

ROSHNI

ROSHNI PROJECT PAPERS

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Annexure I

1. Project Objectives:

- Motivate people for better health (especially reproductive health) in two years
- Raise awareness about primary health and precautionary measures through regular health workshops and health education material
- Initiate a "health-center" and an "education-center", which will provide basic services, training and awareness to eight surrounding villages of
- Organize 24 awareness-raising workshops on socio-economic issues of the people in two years
- Provide health services through a mobile health dispensary in rural and slum areas of Lahore.
- Motivating and mobilizing community for local resource generation
- Motivating people to initiate some activities for basic facilities on self help basis

Annexure II

2. Rationale of the project:

The rural areas in the surroundings of Lahore faces extreme problems of lack of education, health and sanitation facilities. Overall population of about 40 villages in the western side of Lahore is approximately 300,000. Around 100,000 of the people are settled at the, while others are scattered in different villages.

Some of the villages are:

As the population of these villages is scattered so all the facilities of health, education and other civic amenities are not provided to the people of the area.

Most of the people in surroundings of Lahore are agricultural tenants and laborers. Percentage of professional engagement is as follows:

Laborers	50%
Cultivators	15%
Landlords	10%
Government Employees	5%
Private Employees	5%
Small Business	15%

For thirty thousand population of....., there is only one girls primary and middle school and one boys primary and middle school. Almost eighty percent people of these villages are illiterate. Boys and particularly girls face problems in getting education. Moreover, the parents are not motivated and resourceful enough to ensure the education of their children. Parents need to be motivated and provided with proper facilities for educating their children. Who would otherwise be engaged in labor or would fall prey to social abuses.

General health facilities for the people are scanty, extremely poor and mostly inaccessible. People are least conscious about the health measures for themselves and their children. In most of the cases they do not know the origin and sources of diseases. People have little knowledge about primary health and particularly reproductive health. Maternal and infant mortality rate is higher in comparison to urban areas of Lahore. Hygienic and sanitary conditions in and outside the houses are very poor. People can hardly relate their good health with work, education, saving and prosperity.

There is not a single qualified doctor in the whole area. Many Quakes have set up their clinics there. People trust on spiritual healing and are easily charmed by Amils and Peers, how much fraudulent or fake they may be. These fake spiritual healers exploit the gullible people and play on their lives. Only one Basic Health Unit of government is working there, where a lady health worker serves the patients. In case of gynecological problems and other critical diseases people face serious trouble to get proper and timely treatment, which is only available at the divisional headquarter, Lahore. Usually people consult the doctors at the extreme stages of their diseases due to lack of awareness and poor facilities. Hence the need of education as well as proper health facilities at their doorsteps.

3. Description of the Project

The project has three major components:

- Providing basic health services through a mobile dispensary
- Motivation, mobilization and awareness about the significance of education and health.
- Establishment of education and health centers for awareness sessions and trainings

The organization will generally address the population of 300,000 people. The education and health center will be regulated in a participatory manner. Other than health and education center, they will provide health education and raise awareness about general social and economic issues of the society.

The organization will develop two committees for education and health named Education Committee and Health Committee. These committees will usually comprise on five members. Initially that would include one or two members of the organization, community members (from five villages of) and at least two experts of the respective field. These committees will participate at all levels from planning to practice. The organization will empower these committees into independent working groups. They will not only work for the existing schools and dispensaries in the villages but will take other development initiatives in their own villages. With in the period of two years these groups will be transformed into active organizations. These groups will be tied up in to a strong network to launch projects for basic facilities and raise voice for socio-political rights of people.

Mobile Health Dispensary: A health dispensary will be set-up in a second hand van., The dispensary will be equipped with basic facilities for medical check-up and medicines. A doctor will visit 3-4 villages everyday and provide health advise on their door step. Lectures on basic health and hygiene will be given to local population. Preventive education and awareness on basic health concepts will be imparted.

Home Schools:

Five home schools will be set up in five villages on self-help basis. Five teachers who will be responsible for not only the administrative and management side but also the pedagogical measures will be taken by them. Twenty to thirty students will get admission each year in every school. These will undergo a Previous Knowledge Test prior to their admission in order to judge their level of understanding for putting them in proper grade. Children will be entertained for grade one to grade five. Curriculum of *Nirali Kitabain* reviewed by the Education Committee of the organization will be followed but grade five students will be taught curriculum of Punjab Text Book Board so that they could take the Board Examination for certificates. Evaluation tests will be conducted each year for promotion of students to appropriate grades. Teachers will meet the criteria set by the organization (should be at least matriculate and have experience (optional) of formal or informal teaching). They will be provided training and refresher courses annually and will be expected to incorporate modern teaching techniques for multi-grade system of education. In the period of two years total number of students becomes 60 that makes a group unmanageable by single teacher so in the second year, school will be run in two shifts. Registration of these schools will be sought from Education Department during this period. Students will be charged very low fee ranging from Rs. 25 to Rs.50 according to the grade of the students. Relaxation, however, would be given to extremely poor but talented students. Amount collected will be maintained by the organization as separate account of that particular home school. Once they grow enough and are registered, they will work as self sustained independent units though under constant supervision of *Roshni* for at least five years. The progress of the schools will be constantly monitored by the Education Committee who will be responsible for producing a detailed monitoring report of each school on quarterly basis. During the first quarter, the Committee will develop definite monitoring tools and indicators to be followed.

Teacher of every home school will make liaison with mothers of students and will form Mother Committees, which will meet on monthly basis and will discuss issues of there are and those affecting their lives. The teacher would maintain detailed minutes of these meetings. These

Mother Committees will be transformed into active women groups gradually, working for women development and taking up women issues collectively.

Education and Health Center:

An education and health Center will be established with an objective of providing people with basic health education and academic education. It will be set up on a place easy to reach for almost all the villages. Homeopaths as well as allopathic doctors will be invited for consultation and awareness sessions to the people. Several Lady Health Visitors (LHVs) will be invited for health suggestions and health awareness sessions for women. This will facilitate women folk of the area to an extent, which is presently unimaginable for them. As this area is situated on the riverbank and is inundated every year after rains, flood often comes as a periodic havoc. The proposed health center will provide relief services to the flood affectees.

A part of that building will be utilized as an education center for the community. Education and awareness sessions will be organized there. Teachers and parents committees meetings will be held in this center. Teachers training of the home schools and government schools will be arranged in this center. Awareness sessions on socio-economic issues will be arranged either in open air or in this center. This center will also be used as a meeting place of the general body and executive body.

Awareness Raising Workshops:

Roshini will organize 24 awareness raising workshops on quarterly basis. These would be issue-based and the issues would be identified by the management committees and health and education committees of the area. Resource persons and intellectuals will be invited to sensitize people on the most significant socio-economic issues. These sessions will help to build peoples opinion against nuclearization, over – population, environmental pollution, bad sanitary system, sectarianism and violence and destabilization of democracy and several other issues. It will help to build peoples attitude and orientation towards peaceful, prosperous and just society.

4. Expected Project Out Results:

- About 100000 people in rural and peri-urban areas of Lahore will be given basic health services and health education through mobile dispensary, health centre.
- People's awareness about fundamental socio-economic issues will be increased. Literacy ratio in the whole area will be increased, which is extremely low presently. Quality of health of infants and mothers will be improved.
- Maternal and infant mortality rate will be reduced to a greater extent. At least five women groups will emerge as activists to address women's issues and take up them at larger level.
- ROSHNI will emerge as a powerful organization to highlight multifarious social problems and influence at administrative and political level.
- People will be motivated to initiate development interventions on self help basis.

5 Project Outputs

- Each home school will facilitate thirty students each year. It will be able to accommodate 150 students in two years.
- At least one teacher will be immediately appointed in each school.
- The health and education center will address a population of 20,000 people in five villages
- The schools will serve almost 1200 people each year indirectly.
- The whole population of 30,000 will be aware of the socio-economic issues of Pakistan.
- Number of the people of the community will be empowered to raise voice for their fundamental rights.

6. Impact Indicators

- Literacy rate of the community will be increased.
- General health conditions of people will be improved.
- People's information about education, health, gender and general socio-economic issues will be increased.
- People will take self-initiatives for the development of their area.

7. Gender Analysis

Two women are regular members of the organization. Women participation on all levels *viz.* need assessment, Program, planning, implementation, monitoring and evaluation is ensured by the governance structure, which is still not gender balanced in numerical terms but is surely a gender sensitive one on conceptual level. Major focus of the project is upon women and their issues. The organization vows to do her best to facilitate women with education and health and socio-economic issues.

8. Project Sustainability Measures

The organization will collect school fee (see section 3.6(1)) from the students. Only those who cannot afford fee will be given special relaxation. Similarly, the *perchi* fee will be collected from the patients. Extremely poor people will be provided free service. While all of the other people will be charged a fixed fee. Besides, five women groups and creation of social capital of 200 socially aware women will ensure social aspect of project's sustainability. Organization's staff development and different technical inputs from JICA during 7 monitoring visits and one mid term review during the project duration will guarantee technical sustainability of not only the program but the organization itself.

tehreek@brain.net.pk

safdarhasansiddiqi@hotmail.com